DALAI LAMA: YOU CAN CREATE A BETTER WORLD

COMPASSION, EDUCATION, THOUGHTFULNESS

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"You have the opportunity to create a better world, a happier world," asid His Holiness, the 81 year old Dalai Lama while addressing the press at UCSD this weekend. "In order to create a peaceful century, this century must focus on dialogue" he later told 25,000 people gathered on UCSD's RIMAC field. "The purpose of all our lives is to be happy". His Holiness, the 14th Dalai Lama's, begun his US and world tour in San Diego, CA by giving the 2017 commencement speech at UC San Diego on Saturday. The enlightening speech was focused on "The Value of Education, Ethics and Compassion for the Well-Being of Self and Others".